

Erasmus+ Project Report

Location: Braga, Portugal

Duration: 5 Days (February 24th – 28th)

Project Summary

From February 24th, our high school specializing in International Relations successfully carried out a five-day Erasmus+ mobility project aimed at promoting inclusion, sustainability, technological awareness, and cultural understanding among students. The programme was designed to line up with the European values of cooperation, intercultural dialogue, and the development of key citizenship skills.

Day 1 – Inclusion Workshop

The programme began with a workshop focused on inclusion and intercultural understanding. Students participated in activities centered on sharing different cultures through food, language games, and storytelling.

Outcome: This experience helped students develop empathy and respect for diversity, enhancing their ability to engage in peaceful dialogue and appreciate different cultural backgrounds.



Day 2 – Sustainability through Art

The second day featured an art workshop where participants decorated T-shirts with sustainability messages and then they turned them into shopping bags. Discussions were held about how small daily actions can contribute to a more sustainable lifestyle.

Outcome: Students became more conscious of environmental issues and learned how habits such as using natural light and choosing energy-efficient options can reduce energy consumption but also the importance of reuse and give old objects a new life.



Day 3 – Robotics and New Technologies

Students took part in a robotics lab, exploring the world of programming and automation. The hands-on approach allowed them to experiment with assembling and coding simple robotic models.

Outcome: The workshop fostered curiosity in technological innovation and strengthened practical skills in robotics and digital literacy.



Day 4 – Cultural Excursion and Sorting waste

An educational excursion was organized to visit culturally and historically significant sites such as Sete Fonte de S. Victor. The trip served as a live learning experience about shared European heritage and the importance of preserving cultural landmarks. Students had to clean the park by picking up the rubbish they found along all the way.

Outcome: Students enhanced their sense of European identity, developed an appreciation for historical and artistic heritage, and reflected on the role of cultural awareness in international relations. Moreover, students learned the importance of sorting waste.

Day 5 – Reflection and Sharing

The final day was dedicated to reflection and group presentations. Students shared insights and experiences from the previous activities, discussing what they learned and how they plan to apply these lessons in their academic and personal lives. Furthermore, they reused some plastic bottles, used glasses, old cotton threads to create new and cute objects such as flowers, animals and a pair of sunglasses!



Outcome: The session consolidated the educational outcomes of the programme, encouraged peer-to-peer learning, and reinforced the value of collaboration and communication across cultures. Moreover, students learned how important is recycling and reusing.



Conclusion

This Erasmus+ project was a valuable opportunity for students of a Marketing and International Relations High School to engage in meaningful experiential learning beyond the classroom. By combining theory with practical activities, the programme supported the development of essential competencies such as intercultural sensitivity, environmental responsibility, technological adaptability, and civic engagement.

